

## LIFE SKILLS ENTRY LEVEL

The aim of this qualification is to give learners the opportunity to develop an understanding of issues contributing to their own and others personal and social development

### Course Description

- The principal aim of these units is assist learners to develop their personal qualities, organisational and social skills thereby enabling them to cope with the demands of today's world.
- Each unit has a credit value of 1, 2 or 3
- Candidates have to complete units of sufficient value to achieve-  
An Award 8-13 credits  
A Certificate 14-18 credits.

### Personal and Social Development Units

- Developing Self
- Dealing with problems in daily life.
- Environmental Awareness.
- Healthy Living
- Preparation for Work
- Making the most of Leisure Time
- Individual Rights and Responsibility
- Managing Own Money
- Managing Social Relationships
- Parenting Awareness
- Working as Part of a Group.
- Working towards goals
- Community Action
- Using Technology in the Home and Community.
- Personal Safety in the Home and Community



*Team Building – treasure hunt  
Working towards goals /working  
as part of a group*



*Exploring the coast*

*Making the most of  
Leisure Time*



*Problem Solving –  
budgeting/managing  
own money*